

# N.B.H.A. District 30

## Newsletter

"Riding with the Lord and the National Barrel Horse Association"  
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### This Month's Horse Tip

**COLIC.** A dirty word in the horse world. Each year colic claims the lives of thousands of our horse friends. The cause may be as simple as a change in weather, change in feed, hay, environment, etc., the list goes on. Because of the variety of causes, recognition, intervention, and treatment is difficult. One thing we do know is that the sooner you recognize that your horse is in trouble, the better. Early treatment is crucial. Most veteran horse people will have a syringe of banamine always on hand if needed. Banamine relaxes and relieves pain but is not a replacement for medical attention. A veterinarian should be sought immediately. Even with early intervention, there are no guarantees, however, vets state that time is of the essence. Don't assume that your horse will get over it on their own. SEE A VET. If you suspect your horse is suffering from colic, make sure you do not let them roll. Walk them and keep them on their feet until you have professional help. Some first symptoms include agitation, sweating, pawing at ground, looking back at intestinal area, and a desire to roll. There are many articles available regarding colic on the internet. If you own a horse, do your homework. Investing in a Equine medical/first aid book would be helpful so that you can be better versed on protecting your four legged buddy. Just like people, regardless of how well kept they are, horses get sick and they depend on us. I have seen many horror and success stories regarding colic. Do the best you can for your horse. Don't take good health for granted. It is precious.

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**We will be having a SILENT AUCTION at Willis May 10th for Year End Awards.  
Everyone Please bring something to make it a success!!  
It can be something you made,  
It can be something you got for Christmas from Aunt Sally and you just do not like it,  
It can be something you baked- Cakes, pies, etc.....,  
It can be something you found after Christmas days sales at tractor supply, walmart, etc....  
It can be something you have at the house that you just do not need anymore(in good shape).  
It can be Horsey or not.**

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Do You Or Someone You Know Need Prayer???

If so, please email me (secondchancecowgirl@yahoo.com), call me(281-684-3378) or let me know in person. Along with adding you to our prayer list, your request are taken to a local Cowboy Church and the membership prays for your needs as well. There are many

Cowboy Churches in the area now if you do not already have a church home. I remember when my husband and I were visiting churches and looking for one that we felt at home in. Cowboy Churches are very relaxed and the concept was created in order to fit the needs of our country, western, or rodeo lifestyle. However, people from all walks of life enjoy the down home friendly atmosphere. God loves all of us!

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## **INTERVIEW WITH DIRECTOR SANDY MAXWELL**

**This edition's interview subject is our director, Sandy Maxwell. Sandy was born on March 30, 1969 and graduated from Tomball High School. She currently resides in Willis, Texas with her husband of 19 years, Buddy, children, Blake, Brandon, and claims another 1/2 child, Bear. Included in her family are five horses, four dogs, four cats and they are all beloved.**

**One thing that Sandy and I have in common is that we have awesome husbands. Sandy lists her husband Buddy as being her friend and motivator, her son Brandon as her side-kick riding and hauling partner and includes Ashley Patton as being her dream daughter. Along with this very close family, she is grateful for the support of Dean and Carol Patton and Laurie Rowan. Along with her passion for barrel racing, Sandy enjoys boating, jet skiing and spending time with the family.**

**Sandy has been riding horses since she was around five years old and began her love for horses with amazing pony named Goober. But her riding accelerated when she got her first horse, Thunder. Thunder was four years old at the time and Sandy is blessed to still have him in the barn at the ripe old age of 35. Thunder is responsible for the foundation that Sandy has accomplished in riding. Along with English-jumping, 4H allround, team penning, this also began her barrel racing career. Retired for six years now, Thunder is still the King of the pasture and chief babysitter for all of the other horses.**

**Sandy has been involved with NBHA for eight years, serving as secretary for two years and then the director. Until last year, she also served as the Texas State Director for three years but has learned that her heart was with her local district and so she stepped down from that position after much success.**

**Although, Thunder has the place of honor in Sandy's heart for being her first horse and the one that she learned on, another special horse entered her life. Sandy trained her mare Sonny and won Champion at Houston Stock Show, APHA Barrels in 1999 and 2000. As a team they were #1 on the Honor Roll in 2000 with APHA and they also won the Hi-Point at San Antonio Stock Show and placed 3rd at Paint World. To accomplish these milestones on a horse you trained yourself is a dream come true. Over the**

years, Sandy has won ribbons, trophies, tack, saddles, buckles, and some money to buy more diesel to go to more shows.

Thunder, the king has Sandy's heart but Sonny helped Sandy's dreams be fulfilled and they have enjoyed 16 years of amazing travels and friendship.

I asked Sandy who she looks up to as a mentor and this was her reply. "In life my mentor is my mom, she is the most amazing person in the world. In the horse world my mentor is Laurie Rowan. She has always been there to encourage me, kick me in the butt and helped me be the rider I am today".

Her love of barrel racing is fueled by the fact that when racing, it is just you, your horse and the timer. I understand this completely. The beauty of horse and rider working as one is a very special thing. Unless you have experienced it, you don't understand. More than anything, Sandy's goal in life is to let God lead her way and be the best she can be as a mother, wife, sister, daughter, and friend. We all have so many hats to wear in our daily lives and to try and fulfill all of our roles is a tall order at times.

Sandy believes that we all have dreams of going big in barrel racing and prays to be blessed and capable of barrel racing for many years to come. With these dreams and aspirations, she is balanced by her love of HOME. Her family and her home are so very important to her. She is caring, big hearted, horse crazy, and admits to being a "tunnel vision" person.

I love asking interviewees what is the most amazing thing that they have experienced or witnessed while riding. Sandy listed swimming on her horse bareback and running through fields. Recently, I was able to finally sprint my horse Joe for the first time and I understand where Sandy is coming from on this sentiment. It is a feeling of exhilaration, freedom, and pure JOY. For a few minutes, you feel like you are flying. WooHoo!!!!

Who is her favorite horse care providers? Vet-Dr. Heite, equine dentist-Charlie Hillman, farrier-Robert LoRanger, trailer sales-Gulf Coast 4Star Trailers

One tip that Sandy would like to share about horses and wishes other people knew or understood? Most everyone can relate but remember to hug your horse everyday you never know if it will be the last time!